

# 2019 Individual Registration



## 7th Annual Run for Independence

Saturday, May 18, 2019

Brunswick Jr. High, 65 Columbia Ave.



Proceeds benefit



Independence  
Association

Celebrating Ability Since 1966

### Starting times

Kids Fun Run	8:15 am
10K Run	8:30 am
5K Run	8:45 am
1 mile Run	9:00 am
Awards. Team photos	9:45 am

### Individual Prizes

Fastest M & F, 10K, 5K, 1 mile

Fastest M & F in 7 age groups, 10K, 5K, 1 mile

[Runforindependence.org](http://Runforindependence.org)

## Individual Registration Form

The first 150 paid registrants are eligible for a free T-shirt. Advance registration is open through May 15, 11:59 pm. Race day registrations pay \$5 more in each event (fun run remains free).

Name of Runner \_\_\_\_\_

Age on Race Day: \_\_\_\_\_ (circle) M/F (circle) Men's T shirt size XS S M L XL 2XL 3XL 4XL 5XL

City \_\_\_\_\_ State \_\_\_\_\_ Phone \_\_\_\_\_ email \_\_\_\_\_

Circle the race you are participating in and fee you are paying:

	Kids Fun Run	1 mile	5K	10K	
Received by 11:59 pm Wed. May 15*	Free	\$20	\$25	\$35	First 150 paid registrants eligible for FREE t-shirts

**Waiver:** I hereby agree to release, discharge, indemnify and hold the independence Association, Run in a Race LLC, their agents and employees harmless from any liability claims, demands, costs or damages arising out of the said program which I or any of my participating children may sustain prior to, during and following the Run for Independence event. I also understand that any photos of my participation or family member's participation may be used for promotional purposes by Independence Association. I have read this document carefully and sign it voluntarily with full knowledge of its significance.

Signature of participant: \_\_\_\_\_ Date: \_\_\_\_\_

This form must be signed and turned in with payment to Independence Association by 11:59 pm Wed. May 15\* for discounted rates.

Online registration is available at [firstgiving.com/event/64009/Run-for-Independence](http://firstgiving.com/event/64009/Run-for-Independence).

Race day registration at the race site is open from 7:00 – 8:00 am

*\*Note: Offices close at 5 pm, so plan to return forms in person before 5 pm Wed. May 15.*

Race website: [runforindependence.org](http://runforindependence.org)

Registration: [firstgiving.com/event/64009/run-for-independence](http://firstgiving.com/event/64009/run-for-independence)

Race results: [runinarace.com](http://runinarace.com)